

CLUB DETAILS
UG-NUTRITION & DIETETICS
PG-FOOD SERVICE MANAGEMENT & DIETETICS
ACTIVITIES IN HOSPITALITY CLUB

2009-2010

S.NO	DATE	TOPIC	RESOURCE PERSON
1.	04/08/2009	Paediatric Nutrition	Dr.Suresh Chellaiya M.D.,D.C.H., Vasan Medical Hall, Woraiyur, Trichy.
2.	11/08/2009	Global Warming	Dr.Kalavathi M.Sc.,Ph.D., Reader,Dept. Of Botany, Bishop Heber College, Trichy.
3.	12/08/2009	Ostcoporosis in women-Prevention and Management (A physiotherapy Approach)	Dr.Arulmani B.P.T.,M.I.A.S.,M.s., Asst Prof in physiotherapy, Kamalam Viswanathan college, T.V kovil, Trichy.
4.	26/08/2009	Canteen Delicious Dhamaka 2009	II M.Sc FSM&D Students, Cauvery college for women, Trichy.
5.	01/09/2009	Assessment of Nutritional status among school going children	Ms.K.Lakshmi Priya &, J.SaiLavanya, Asst. Prof Of FSM&D, Cauvery college for women, Trichy.
6.	13/10/2009	Healthy Practices for better living	Ms.M.Aysha Nasreen M.Sc., Asst. Prof,Dept. Of FSM&D., Cauvery college for women, Trichy.
7.	23/10/2009	Environment threats and solutions	Dr.M.Vasanthi F.S.E.Sc.,F.S.Sc., Asst. Prof, Dept. Of Environmental Biotech, School of Environmental Science, Bharathidasan University, Trichy.
8.	19/12/2009 & 20/12/2009	Workshop cum training on career & Business perspective in food processing	Dr.K.Alagusundharam, Director,IICPT, Thanjavur. Dr.S.P.Ramanathan, Head, KVK, Sirugamani.

			<p>Dr.G.Karthiresan, Dean,College Of Agriculture & Research Institute.</p> <p>Dr.S.Shanmuga Sundaram, Scientist,IICPT, Thanjavur.</p> <p>Dr.Guru Arranganathan, Prof of Extension, TNAU.</p> <p>Dr.R.Jagan Mohan, Scientist,IICPT, Thanjavur.</p> <p>Dr.S.Rathai Shri, Associate Professor, Dept. Of Science & Nutrition, PSG College of Arts & Science, Coimbatore.</p> <p>Dr.Rathnakumar, Associate Professor, Tamilnadu Fisheries College, Tuticorin.</p> <p>Sh.Ashok Iyengar, Food Processing Consultant, Chennai.</p> <p>Sh.A.Amudhasurabi, Scientist,IICPT, Thanjavur.</p> <p>Ms.R.Athilakshmi, Head,Dept. Of FSM&D, Cauvery college for women, Trichy.</p> <p>Sh.I.S.A.K.Saujan, Managing Director, Saga Food Products(P) Ltd, Chennai.</p> <p>Dr.V.v.Sree Narayanan, Dean,Pollachi Mahalingam College Of Engineering & Technology.</p>
--	--	--	---

			<p>Dr.Kanchana, Prof,Dept. Of Food Service & Nutrition, TNAU.</p> <p>Smt.S.Sulochana, Scientist,IICPT, Thanjavur.</p> <p>Dr.Nithiya & Dr.Sangeetha, RAS - IICPT, Thanjavur.</p> <p>Dr.N.Venkatachalapathy & Dr.Loganathan, Scientist,IICPT, Thanjavur.</p>
9.	02/01/2010	Assesment Of Nutrition status among school going children	Ms.N.Rackee & Ms.M.Vinothini, Asst.Prof,Dept. Of FSM&D. Cauvery college for women, Trichy.
10.	19/02/2010	Lecture on LPG safety awareness & quiz programme on safe usage of LPG Gas	Mr.Prabu, Propriator. Prabhu Gas Company.

2010-2011

S.NO	DATE	TOPIC	RESOURCE PERSON
1.	06/08/2010	Lecture on Breast & Cervical Cancer	Dr.Hemamalini M.D.,OG, Gynaccolgist.
2.	11/08/2010	Lecture on safety usage of LPG & Quiz Programme on safe usage of LPG	Mr.Kanthaswamy Prabu, Propietor Mr.Jaya Prakash, Sales Officer, Indian Oil corporation, Trichy.
3.	06/09/2010	Paper & Poster Presentation Connection with nutrition week celebration.	J.Priyadharshini M.Sc.,M.Phil.,UGC-NET., Asst. Prof, Bharath college of Science & Management, Thanjavur.

4.	01/09/2010 & 07/09/2010	Food stall in Connection with nutrition week celebration sep-2010	I & II M.Sc FSM&D Students, Cauvery college for women Trichy.
5.	24/09/2010	Stings & Bites	Ms.Santham Sweet Rose, Principal. Dr.G.Sakunthala, Nursing College, T.V.Kovil, Trichy.
6.	29/09/2010	Assessment of Nutritional status among adolescent girls and boys	Mrs.V.Kural Selvi & Ms.N.Rackee, Asst. Prof,Dept. Of FSM&D, Cauvery College For Women, Trichy.

2011-2012

S.NO	DATE	TOPIC	RESOURCE PERSON
1.	20/07/2011	Nutrition & Fitness for a healthy life	Ms.P.Pugana Ambigai, Physiotherapist. Ms.S.Lavanya, Dietitian, Pink Fitness one centre, Thillai Nagar(I Cross) Trichy.
2.	28/07/2011	Advances in Food Service Systems	Ms.V.Kavitha, Asst.Prof, PG Dept Of Nutrition & Dietetics Jamal Mohamed College Trichy.
3.	05/08/2011	Nutritional value of breast milk	Dr.D.Senguttuvan D.Ch., Head,Paediatric Dept., KMC Speciality Hospital Trichy.
4.	05/08/2011	Breast Feeding & Modern Women	Dr.A.Meenakshi Sundari M.D.,DGO, Consultant Gynaccologist KMC Speciality Hospital, Trichy.
5.	05/08/2011	Breast feeding & Mother's Health	Dr.S.Suchitra MBBS.,DGO, Consultant Gynaccologist KMC Speciality Hospital, Trichy.

6.	06/08/2011	Laws for the protection & Welfare of Women	Mrs.S.S.Prabashini, Advocate, Trichy.
7.	20/08/2011	Heart & Diet	Dr.T.Balasubramaniyan M.D.,D.M., Cardiologist ABC Hospital, Trichy.
8.	27/08/2011	Types of Research & Techniques in Research report writing	Dr.S.Karthikeyan M.P.P., M.Sc.,(Psychology),MBA,UGC-NET., Asst.Prof St.Joseph Institute Of Management, St.Joseph College, Trichy.
9.	30/11/2011	Diabetes Screening Camp & Lecture on sarkarai noiyum Iruthayamum	Dr.N.S.Prasad, Indra Seshadri Nursing Home, Trichy.

2012-2013

S.NO	DATE	TOPIC	RESOURCE PERSON
1.	07/08/2012	WORLD BREAST FEEDING WEEK AWARENESS PROGRAMME	
		Importance of Breast Milk	Dr. A. Subramaniyan, MBBS, DCH Medical Administrator, Kauvery Hospital, Trichy.
		Nutritine value of Breast Milk	Dr. Nanthini, MBBS, DGO Gynaecologist, Kauvery Hospital, Trichy.
2.	14/08/2012	Nutrition in Dental Health	Dr. A. Arun Robert, BDS, Arun Dental Clinic and Implant Centre, Trichy.
3.	16/08/2012	Positive Attitude and Self Confidence	Mr. Suresh Mallaya, General Manager, Hotel Sangam, Trichy.
4.	18/08/2012	Healthy Life vs Obesity	Ms. S. Gayathri, II M.Sc FSM&D, Cauvery College for Women, Trichy.
		Nutritional Assessment for Employees of Hotel Sangam, Trichy	I & II M.Sc FSM & D Students, Cauvery College for Women, Trichy.

5.	01/09/2012 - 07/09/2012	Nutrition Week Celebration [HEALTHY NATION]	
	01/09/2012 - 07/09/2012	Nutrition Week Celebration [HEALTHY NATION]	
	01/09/2012	Assessment of Nutritional Status of Non-Teaching Staff at Cauvery College for Women	Ms. B. Thanuja, Ms. V. Kuralselvi, Assistant Professor, Department of FSM&D, Cauvery College for Women, Trichy.
	02/09/2012	Diet Counselling for Non-Teaching Staff who are Malnourished	
	03/09/2012	Nutrition Education for Pregnant Women	
	04/09/2012	Awareness Programme on Healthy Eating Habits among Adolescent Girls	Ms. R. Ramya, Assistant Professor, Department of FSM&D, Cauvery College for Women, Trichy.
	05/09/2012	Nutritional Awareness Programme at Balwadi School	Ms. C. Roselin, Assistant Professor, Department of FSM&D, Cauvery College for Women, Trichy.
	06/09/2012	Poster Making Competition on the theme "Healthy Nation"	Ms. A. Sahaya Jenitha, Assistant Professor, Department of Computer Science, Cauvery College for Women, Trichy.
	07/09/2012	Health Problems Related to Adolescent and Adults	Dr. S. Aarthi, MD., DNB, OG Geethanjali Hospital, Trichy.

2013-2014

S.NO	DATE	TOPIC	RESOURCE PERSON
1.	19/07/2013	Prevention of Renal Stone and Renal Failure	Dr. G. Thirumal , MBBS, MS, MCH Urologist, Chief Civil Surgeon in Govt. Head Quarters, Perambalur.
2.	08/07/2013	Paediatric Therapeutic Diet	Ms. Sheela Chellaya , B.Sc (Nursing), MA (Sociology), Family Counsellor and Special Educator, Trichy.
3.	08/08/2013	Traditional Food Festival	Ms. Jayashree Muralidharan , District Collector, Trichy.
4.	16/08/2013	Application of Statistical Analysis in Nutrition and Clinical Findings	Mr. M. R. Ramkumar, M.Sc (Statistics) , Senior Statistician, Quintile Technology, Bangalore.
NUTRITION WEEK CELEBRATION			
5.	02/09/13	Nutrition Education Programme	Faculty Members of FSM&D
	02/09/13	Miss Nutrition Competition	JUDGES: (1) Dr. C.K.Hemalatha M.Sc, M.Phil, UGC-NET, Assistant Professor, Dept. of HOME Science, Seethalakshmi Ramaswami College, Trichy. (2) Dr. C.Anitha , M.Sc, M.Phil, Ph.D., Assistant Professor, Dept. of Home Science, Seethalakshmi Ramaswami College, Trichy.
	03/09/2013	Food Stall, "Millet Feast"	ORGANIZERS: (1) Ms. C.Roselin , M.sc., Assistant Professor, Department of Food Service Management, Cauvery College for Women, Trichy. (2) Ms. S. Fathima , M.Sc, UGC-NET., Assistant Professor, Department of Food Service Management, Cauvery College for Women, Trichy.

	05/09/2013	"One Day Nutrition Camp" at Sevai Shanthi Matriculation Higher School, Petavathallai. "Importance Of Nutrition In Good Health"	Ms. R.Athilakshmi, Head of the Department, FSM&D Cauvery College For Women, Trichy.
	05/09/2013	"One Day Nutrition Camp" at Sevai Shanthi Matriculation Higher School, Petavathallai. "Role of Millets in Healthy Life"	(1). Ms. B.Thanuja, Assistant professor, Department of Food Service Management, Cauvery College for Women, Trichy. (2). Ms. V.Kuralselvi, Assistant Professor, Department of Food Service Management, Cauvery college for Women, Trichy.
6.	28/02/2014	Safe Usage of LPG – Audio Visual Presentation	Mr. V. Suresh Kumar, President, HP Gas Agency, Trichy Distributors Association, Trichy.
7.	02/03/2014	Type I Diabetes Mellitus – Registry	Dr. N. S. Prasad Dr. M. L. Balamurugan Dr. G. K. S. Sudhager Dr.V.Ravindranath

2014-2015

S.NO	DATE	TOPIC	RESOURCE PERSON
1.	25/07/2014	Cosmetic's Illeffects	Dr. M. Muhil, MBBS, M.D, Associate Professor, Dept. of Human Physiology, Chennai Medical College Hospital and Research Centre, Irugalur, Trichy.
2.	02/08/2014	Safe Usage of LPG	Ex.Captain R.S.Jagadesan, M.Sc, BL, Senior Executive Vice President, All India LPG distributors association.
3.	04/08/14	Health Promotion	Mr. Peter Moses, Manager Corporate Marketing, Apollo pharmacy. Trichy.

NUTRITION WEEK CELEBRATION			
4.	01/09/2014	Paper Presentation Contest: Advance Dietary trends in the management of Diabetes Mellitus	JUDGES: (1) Ms. R.Athilakshmi, Head of the Department, FSM&D Cauvery College For Women, Trichy. (2) Ms. V.Kuralselvi, Assistant Professor, Department of Food Service Management, Cauvery college for Women, Trichy.
	02/09/2014	Nutrition Education for Pregnant and Lactating Women	Ms. R.Athilakshmi, Head of the Department, FSM&D Cauvery College For Women, Trichy.
	03/09/14	Miss Nutrition Competition	JUDGES: (1) Dr. M. V. Alli, Assistant Professor, Department of Nutrition and Dietetics, Seethalakshmi Ramaswamy College, Trichy. (2) Mrs. N. Chellam, Assistant Professor, Department of Nutrition and Dietetics, Seethalakshmi Ramaswamy College, Trichy.
	04/09/2014	Importance on Nutrition during Reproductive Years	Ms. R. Ramya, Assistant Professor, Department of Food Service Management, Cauvery College for Women, Trichy.
	06/09/2014	A Poster Presentation on Functional Foods	JUDGES: (1). Ms. R.Athilakshmi, Head of the Department, FSM&D Cauvery College For Women, Trichy. (2). Ms. B.Thanuja, Assistant professor, Department of Food Service Management, Cauvery College for Women, Trichy.
6.	30/09/2014	Arokiya uttalukkana, Arokiya unavu. (Healthy food for Healthy Life)	Ms. C. Roselin & S. Fathima, Assistant Professors, Department of Food Service Management, Cauvery College for Women, Trichy.

2015-2016

S.NO	DATE	TOPIC	RESOURCE PERSON
1.	06/07/2015	An Awareness on Breast Feeding	<p>Ms.S.Rajeswari I.P.S., Superintendent of Police, Trichy Rural</p> <p>Dr.Uma Velmurugan, Consultant Obstertrician & Gynaecologist, infertility.</p> <p>Dr.S.Sudarsana, Consultant Paediatrician, Apollo Speciality Hospital, Trichy.</p>
2.	28/08/2015	Lecture on Healthy And Good Food Habits.	<p>Ms. R. Athilakshmi Head,Department of Food Service Management and Dietetics, Cauvery College for Women, Trichy.</p>
NUTRITION WEEK CELEBRATION			
3.	01/09/2015	Miss Nutrition Competition	<p>Dr. Ms.C.Anitha, M.Sc.,M.Phil., Assistant Professor, Dept. of Home Science, Seethalakshmi Ramaswamy College(Autonomous), Trichy.</p>
	02/09/2015	Fireless Cooking Competition	<p>JUDGES: (1) Ms. V. Ramya,, Assistant Professor, Department of FSM&D, Cauvery College For Women, Trichy. (2) Dr. S. Sowmiya,, Assistant Professor, Department of Commerce, Cauvery College For Women, Trichy.</p>
	03/09/15	Lecture on exercise – Smile when you have pain	<p>Dr. Balachander, BPT Physiotherapist, The Spastic Society. Seethalakshmi Ramaswamy College, Trichy.</p>

	04/09/2015	Poster presentation on management of Child and Adolescent Obesity-Attitudes, Barriers,Skills and training needs among health care professionals.	JUDGES: (1) Ms. B.Thanuja, Assistant Professor, Department of FSM&D, Cauvery College for Women, Trichy. (2) Ms. V.KuralSelvi, Assistant Professor, Department of FSM&D, Cauvery College for Women, Trichy.
	07/09/2015	Lecture on management of polycystic Ovaries	Dr. A. Charmila MD.,DGO.,DFP.,FICOG., Parvathy Ayyavoo fertility centre, Aditi Hospital, Trichy.

2016-2017

S.NO	DATE	TOPIC	RESOURCE PERSON
1.	11/08/2016	Lecture on Adolescent Health Issues	Dr.Suganya Prakash , MBBS RBSK Medical Officer, Manachanallur (Block), Trichy.
2.	31/08/2016	Lecture on Role of Hormones in Obesity.	Dr.Sakthivel Sivasubramanian, MD,DM,FECSM, The Hormone Clinic@Sivasakthi Nursing Home, Thillai Nagar,Trichy.
3.	07/09/2016	Nutritional Awareness for Adolescent girls	Ms.M.Vinothini & Ms.J.Sudharshini Assistant Professors, Department of Food Service Management & Dietetics, Cauvery College for Women, Trichy.
4.	08/09/2016	Lecture on Life Cycle Approach to Better Nutrition	Ms.R.Athilakshmi, Head,Assistant Professor Ms.R.Ramya Assistant Professor, Department of Food Service Management & Dietetics, Cauvery College for Women, Trichy.

5.	15/09/16	Poster Presentation on Healthy vs. Unhealthy foods	Ms.B.Thanuja & Ms.S.Fathima Assistant Professors, Department of Food Service Management & Dietetics, Cauvery College for Women, Trichy.
6.	15/09/2016	Organizing food stall & sale	II M.Sc Students of Food Service Management and Dietetics

2017-2018

S.NO	DATE	TOPIC	RESOURCE PERSON
1.	28/07/2017	Demonstration on "Bakery Items"	Mr. M. Sampath, Baker
2.	31/07/2017	"Food Product Development and Quality Analysis".	Mr.S.Kumaravel, M.Sc., Ph.D., Former senior scientist & consultant, Indian Institute of Food Processing Technology, Tanjore.
3.	01/08/2017	"Health Issues of Adolescents and Adult"	Dr. Archana Balaji M.B.B.S., M.S., (Obstetrics and Gynecology)
4.	08/08/2017	"Importance of Breast Feeding"	Dr. Victoria Johnston M.D.,(O&G) F.I.C.S., Consultant Obstetrician & Gynaecologist, Infertologist, Sonologist & Laparoscopic Surgeon, Janet Nursing Home, Trichy.
5.	30/08/2017	Industrial Visit to "Chakra Milk Industry"	Mr. Prakash, Plant Manager, Chakra Milk Industry, Perambalur.
6.	01/09/2017 - 07/09/2017	Nutrition Week Celebration – "Optimal Infant & Young Child Feeding Practices : Better Child Health"	
	01/09/2017	Nutri Quiz	S. Fathima & S. Agalya, Assistant Professors, Department of FSM&D, Cauvery College for Women, Trichy - 18
	04/09/2017	Paper Presentation	B. Thanuja Head & Assistant Professor,& J. Sudharshini, Assistant Professor, Department of FSM & D, Cauvery College for Women, Trichy - 18

	04/09/2017	Poster Presentation	V. Ramya & S. Preethi, Assistant Professors, Department of FSM&D, Cauvery College for Women, Trichy - 18
	04/09/2017	Fireless cooking	Mrs. Bharathy Vasudevan,& Ms. S. Sowmya, Assistant Professor, Department of Commerce, Cauvery College for Women, Trichy - 18
	07/09/2017	Nutrition Exhibition	S. Fathima, M. Vinothini, & E. Agalya Assistant Professors, Department of FSM&D, Cauvery College for Women, Trichy - 18
7.	08.01.2018	Industrial Visit to "Indian Institute of Food Processing Technology (IIFPT)", Thanjavur- 613 005	Dr.A.Amudhasurabi Associate Professor & Head, Dept. of Technology Dissemination. Indian Institute of Food Processing Technology (IIFPT) Tanjore.
8.	24.01.2018	Food Service Management and Dietetics, Future Scope and Perspectives	Ms.N.Preetha, Senior Lecturer, Department of Clinical Nutrition, Sri Ramachandra University, Porur, Chennai-116.
8.	09.02.2018	Career Perceptions	Ms.V.Kuralselvi, Child Development Project Officer, Integrated Child Development Services, Krishnarayapuram, Karur.

2018-2019

S.NO	DATE	TOPIC	RESOURCE PERSON
1.	30.07.2018	Industrial visit to Chakra Milk Industry	Mr.Prakash, Plant Manager, Chakra Milk Industry, Perambalur.
2.	01.08.2018	Breastfeeding Week- "Breastfeeding – foundation for life"	Dr. S. Aarthi M.B.B.S., M.D., D.N.B Consultant at Gitanjali Medical Centre & New Aarthi Hospital, Trichy

3.	28.08.2018	Shape yourself to become employable	Ms.V.Mathumathi Softskill & Aptitude Trainer, Freelancer, Chennai.
	01/09/2018 - 07/09/2018	Nutrition Week Celebration	
4.	03.09.2018	Nutrition Week Celebration - Adolescent Obesity And Its Effects	Ms. K. Parimala Devi Registered Dietitian (Uk) Associate Registered Nutritionist (Uk) Consultant – Dietitian And Nutritionist Founder and Head at Parims Nutrition, Coimbatore.
	03.09.2018	Poster Presentation	JUDGE-1. Ms. K. Parimala Devi Registered Dietitian (Uk) Associate Registered Nutritionist (Uk) Consultant – Dietitian And Nutritionist Founder and Head at Parims Nutrition, Coimbatore. 2. Ms.S.Fathima Assistant Professor, Department Of Food Service Management And Dietetics Cauvery College For Women,
	04.09.2018	Nutritional counselling for adolescence health issues	Ms.S.Fathima & E.Agalya Assistant Professors, Department Of Food Service Management And Dietetics Cauvery College For Women, Trichy
	06.09.2018	Paper Presentation	Judge -Ms.V.Jasmin Uhanitha Assistant Professor, Department of Nutrition And Dietetics Aiman College of Arts And Science for Women, Trichy Judge – Ms.J.Sudharshini Assistant Professor, Department of Food Service Management and Dietetics Cauvery College for Women, Trichy
	07.09.2018	Food Stall	Organiser-III B.Sc.,N& D and II M.Sc.,FSM&D

5.	19.09.2018	Demonstration on Cake making	Dr. S.Sowmiya Assistant Professor Department Of Commerce Cauvery College For Women, Trichy
----	------------	------------------------------	---